

Bankside Open Spaces Trust

Green Team Workdays

Looking for an active way to get your team out of the office?

Our Green Team days are the perfect way to build team dynamics and do something wonderful in the community!



Interested in our Green Team workdays? Call 020 7403 3393 or email greenteam@bost.org.uk today!
www.bost.org.uk/greenteam

**BANKSIDE
OPEN SPACES
TRUST** 

Out of the office and into the green...

Join Bankside Open Spaces Trust in one of our beautiful parks or gardens for a very different working day. From full volunteer gardening days to shorter wellbeing sessions, for small groups and large – there's something to suit everyone in the Green Team.

Your team could be:

- Helping housing estate residents beautify their communal gardens by planting flowers and shrubs, fixing raised beds or building compost heaps
- Clearing out the pond in our beautiful, award-winning Victorian Red Cross Garden, varnishing benches and railings, or planting bulbs

- Brightening up much loved urban green spaces like Christ Church Garden or Waterloo Green

- Boosting our wildlife friendly areas and encouraging more bees, birds and butterflies into Mint Street Park or secret Tate Modern Community Garden





The team at BOST were fantastic partners for our company volunteering day. A small group from our London office tried our best to make a difference to one of the public gardens near our office. Many of the team reported a positive impact on their mental health!

A Green Team session will:

- Get your team away from their desks, boosting feel good endorphins
- Enhance team bonds and morale
- Encourage your team to take on new challenges, developing skills, confidence and a sense of achievement
- Engage visibly with the local community and demonstrate your CSR values to employees, clients, customers and suppliers
- Improve your environmental credentials by doing something truly beneficial for urban green spaces

Green Team packages

The cost of a Green Team session is related to the length and number of participants. We usually take up to 12 or 24 people, but smaller groups are welcome and larger groups can be split across different sites or across morning/afternoons. Full day, half day or shorter sessions can be accommodated. Please get in touch to discuss what your team would like to do and to get an accurate quote: greenteam@bost.org.uk / **020 7403 3393**.



Your Green Team package includes:

- A fun and active gardening session suited to all skills and fitness levels with full insurance cover and essential equipment and materials provided

Pre-site visit, risk assessment, onsite training and health and safety briefing

Added extras if required:

- An impact statement about the work done for your CSR reports including photos of the site and your team in action
- Promotion via our social media channels and on our website

To find out more, visit
www.bost.org.uk/greenteam

LUNCH TIME WORKSHOPS on Thursdays in Borough SE1



*"Clear
communication,
relaxing, fun!"*

*"Really great,
relaxing &
enjoyable"*

Unwind and Connect

Give your team a lunchtime reset with a hands-on **terrarium workshop**. Designed to encourage creativity, conversation and connection, your team can create their own miniature living garden to take home or back to their desk.

Get Creative - Everyone can design a unique terrarium, with no experience needed.

Encourage Conversation - A shared activity that naturally gets colleagues talking and interacting.

Inclusive for Everyone - A relaxed, non-competitive activity that everyone can enjoy.

Take Something Away - Each person leaves with their own terrarium to enjoy after the event.

Recharge the Team - A refreshing lunchtime activity that helps break up the working day.

Support Wellbeing - Combines plants, creativity and time away from everyday work routines.

**Christmas Wreath making also available
November & December - ask for details**

Your Lunch Time package includes:

The cost of a creative lunch time session is related to the number of participants. We can accommodate up to 12 people.

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About us

Bankside Open Spaces Trust is an environmental and volunteering charity working to provide outstanding green spaces and outdoor activities that enhance the health and wellbeing of urban communities.

Other ways you can support Bankside Open Spaces Trust

- Make BOST your company's 'Charity of the Year'
- Join our Partner Programme and we'll create a range of volunteering sessions for large numbers of employees spread throughout the year
- Share your skills and knowledge through pro-bono finance, legal, administration, Salesforce, HR, communications or business planning support
- Sponsor Future Gardeners – our free course aimed at getting people into the horticultural industry.
- Raise money through challenge/fundraising events
- Join one of our regular community volunteer gardening groups. Lunchtime and weekend sessions available



Volunteering with BOST is always a fabulous experience. Getting out in nature and supporting our local community under the guidance of BOST's wonderful staff is always an absolute treat and we leave the day feeling refreshed and energised!



Interested in a Green Team workday? For more information, or for a quote, please get in touch on

020 7403 3393 / greenteam@bost.org.uk.

We hope to welcome you to our Green Team soon!

Previous Green Teams

